Excellence in thought
Generosity in service
Beauty in expression
Faith in God
We are excited you have joined our Walla Walla University family! We expect your student’s college years to be a time of great discovery and growth—a time when they will learn to navigate new situations and solve problems in a supportive environment. This guide has been designed to provide information that will help keep you informed and allow you to continue to mentor your student throughout this experience. We have included important dates, phone numbers, and information about the transition to college life.

Our prayer is that your student thrives on campus, and that you as a parent will feel informed, connected, and appreciated. Feel free to contact us anytime!

Claudia Santellano, director
Alumni and Parent Relations

wallawalla.edu/parents
parents@wallawalla.edu
(509) 527-2644

Find upcoming events, contact information, office hours, an interactive campus map, and more on the Walla Walla University app.

@wallawallauniversity
facebook.com/wallawallau
@wallauniversity
Academics at WWU

The classroom experience in college is often very different from high school. Students learn to improve their study skills, discern important information from lectures, and set their own academic goals. An initial drop in grades, even for the most successful high school student, is not uncommon.

Encourage your student to recognize that they can meet new standards and achieve their academic goals through hard work. Our small class sizes and the availability of our faculty are designed to support their success. Students are strongly encouraged to talk with their professors about their goals and concerns. These one-on-one meetings can be a great time to establish rapport, gain valuable insight into the professor’s style, and form important professional relationships.

The university has high expectations for students and provides a variety of resources to help students achieve their academic goals. Their GPA can impact scholarships they’ve received and low grades can result in being placed on academic probation. More information about GPA requirements can be found in the online university bulletin.
**FERPA**

The Family Educational Rights and Privacy Act is a federal law regarding the privacy of student records and the obligations of the college or university, primarily in the areas of release of records and access to these records. Once a student enrolls in a university course, FERPA provides only the student access to their institutional records. The university cannot disclose any academic or financial information about a student without the student’s permission.

The university publishes certain basic directory information about all students. A student may request that directory information not be released by contacting the Academic Records office. If a student chooses not to have any directory information disclosed, that directive remains in effect until the student requests its removal. If the directive is not removed prior to or at the time of graduation, the university will not be able to respond to prospective employer inquiries.

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**PARENT TIP**

*Professors expect students to spend two hours outside the classroom studying and working on homework or projects for every hour spent inside the classroom.*
Student Development Center (SDC)

The SDC is an academic and career support center designed to empower students to be active and independent learners in pursuit of their academic goals and professional success. The center provides services including Career Services, Peer Tutoring, and Disability Support Services.

Career Services

Deciding on and developing a career path are important parts of an educational experience. The SDC provides students with a multitude of experiences and resources to enable them to make informed career decisions. We also offer free comprehensive career planning for students and alumni, including:

Career coaching and testing
Assessments and meetings with a career counselor help students make an effective career plan. We provide graduate school personal statement support, job shadow resources, LinkedIn evaluations, mock interviews, and assistance with résumés and cover letters.

Career events
We coordinate events such as career meet-ups, career and professional panels, career workshops, graduate school fairs, graduate school visits, and professional etiquette workshops.

Experiential learning
Internships and job shadowing integrate academic learning within a work environment. Students may receive academic credit for prearranged work experience. We monitor student progress while internship advisors evaluate learning objectives and assign grades.

Peer Tutoring

Students can access drop-in tutoring free of charge and private tutoring for a minimal fee through the SDC. Tutoring is offered in business, mathematics, engineering, languages, science, and writing. The writing center helps students with papers assigned for any class.

wallawalla.edu/career
career@wallawalla.edu
(509) 527-2664

wallawalla.edu/sdc
career@wallawalla.edu
(509) 527-2313
Disability Support Services

WWU provides appropriate support and services for students with a documented disability in compliance with the Americans with Disabilities Act. We serve students with permanent or temporary disabilities.

To receive assistance, students must self-disclose through the Disability Support Services office. The staff will outline the necessary formal documentation required and will meet with the student to determine appropriate accommodations. Since accommodations are not retroactive, it is in the student’s best interest to submit documentation as soon as possible.

Our staff works with students to arrange accommodations based on their documentation and individual needs, such as exam accommodations, books and other print material in alternate format, equipment and technology access, classroom relocation, note-taking, accessible housing, dietary needs, and more.

wallawalla.edu/disability-support
disability.support@wallawalla.edu
(509) 527-2366

Academic Advisement

Academic advisors are an important resource for students at WWU. Advisors assist students with course selection and career planning. Each student is assigned an advisor based on their academic major or pre-professional program.

avisement@wallawalla.edu
(509) 527-2132

Freshmen Mentoring Program

Every new freshman is paired with a mentor during JumpStart. Mentors help students navigate the first year. Mentors check in with students each week and connect them with resources related to academics, health (physical and mental), finances, social opportunities, choosing a major, job exploration, and spiritual matters. The benefits from the Freshmen Mentoring Program allow for continual growth throughout the student’s college experience.

wallawalla.edu/mentor
(509) 527-2715

PARENT TIP

The university communicates official information to your student via email.
## Important dates

### FALL

- **Financial clearance deadline for registration**
  - Sept. 19, 2018

- **Instruction begins**
  - Sept. 24, 2018

- **Service Day** *(no morning classes)*
  - Oct. 17, 2018

- **Family Weekend**
  - Oct. 26–28, 2018

- **Portland Parent Sabbath**
  - Nov. 10, 2018

- **Thanksgiving break**
  - Nov. 18–25, 2018

- **Christmas concert**
  - Dec. 7, 2018

- **Final exams**
  - Dec. 10–12, 2018

- **Christmas break**
  - Dec. 13, 2018–Jan. 6, 2019

### WINTER

- **Financial clearance deadline for registration**
  - Jan. 2, 2019

- **Instruction begins**
  - Jan. 7, 2019

- **Senior Recognition**
  - Feb. 12, 2019

- **Mid-winter break** *(no classes)*
  - Feb. 18, 2019

- **Final exams**
  - March 18–20, 2019

- **Spring break**
  - March 21–31, 2019

### SPRING

- **Financial clearance deadline for registration**
  - March 27, 2019

- **Instruction begins**
  - April 1, 2019

- **Memorial Day** *(no classes)*
  - May 27, 2019

- **Final exams**
  - June 10–12, 2019

- **Commencement**
  - June 16, 2019

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**PARENT TIP**

Withdrawing from classes before the end of the fourth week of the term can result in a partial refund of tuition. Learn more about withdrawal/add deadlines and fees at [bulletin.wallawalla.edu](http://bulletin.wallawalla.edu).
Religion courses
All students complete a certain number of general studies religion courses for academic credit as part of their degree requirements.

Biblical studies (RELB)
Not all religion courses are biblical study courses. Biblical study courses are designed specifically for in-depth study of a book (e.g. Revelation) or group of related books of the Bible (e.g. Pentateuch), examining the historical, social, and cultural contexts of the Bible writers and their writings.

Religious history (RELH)
These courses are a broad category covering not only Christian church history but also world religions, archaeology, and the history and development of communities of faith.

Missions (RELM)
RELM 233 Introduction to Cross-Cultural Ministry is a required class for anyone interested in becoming a student missionary or a task force worker.

Professional (RELP)
These courses are designed for experience in ministry-oriented activities and are open only to theology or religion majors. There are no general studies courses in this category.

Theology (RELT)
Courses in this category are designed to guide students in thinking about religious issues. Ethics, doctrine, last-day events, and philosophy are in this category.

Biblical languages (GREK, HEBR, LATN)
Greek and Hebrew are required for theology majors. Latin is optional, but quite useful for those planning on graduate work in religion or classical studies.

Q: I’m not a theology or religion major. How many religion classes must I take to graduate?
A: Students must take a minimum of 18 credit hours of religion classes. Of these 18 credits, six must be RELB courses, six must be upper division (numbered 300 or above), and one class must be from the following: RELT 110, RELT 202, RELT 417, or RELH 457.
Associated Students of Walla Walla University (ASWWU)

ASWWU is an organization that every undergraduate student at the university is automatically part of. ASWWU provides a variety of services and activities for the campus, including publishing a weekly newspaper and annual yearbook, leading outdoor trips, offering students opportunities to have a local and global service impact, putting on social and spiritual events, producing videos, managing bike repair and outdoor gear rental shops, and running a student house known as The Atlas. ASWWU is the largest campus employer, hiring more than 120 students.

Athletics and intramurals

The athletics program provides the opportunity for student athletes to develop and exercise their athletic abilities, learn leadership skills, build lasting relationships, and grow spiritually.

Varsity athletic opportunities include men’s and women’s basketball, men’s and women’s cross-country, men’s and women’s golf, men’s soccer, and women’s volleyball.

Athletics also facilitates year-round intramurals so all students can participate in friendly competition. Teams play a variety of sports, including table tennis, flag football, basketball, volleyball, handball, and sand volleyball.

aswwu.com
(509) 527-2255

uwolves.com
(509) 527-2887
Campus clubs
Campus clubs provide opportunities for students, faculty, and staff with similar interests to connect. There are more than 40 student-led clubs students can choose to get involved in order to discover new interests, meet new people, and enhance their educational experience. Clubs range from academic interest clubs, such as History Club and Mechanical Engineering Club, to culture clubs, such as LatinX Club and French Club, to service-oriented clubs, such as Engineers Without Borders Club and Amnesty International, to name a few.

Chaplain’s Office
The Chaplain’s Office is home to Campus Ministries, which produces more than a dozen student-led worships each week and organizes local service projects. The Chaplain’s Office is also home to Student Missions, which prepares students to fill short- and long-term service positions nationally and internationally. The Chaplain’s Office exists to minister to the spiritual needs and faith development of the campus community and to prepare individuals to advance the kingdom of God around the world.

CommUnity
CommUnity is a weekly assembly where the entire campus gathers together as a community of faith and discovery to honor our commitment to excellence in thought, generosity in service, beauty in expression, and faith in God. Students receive CommUnity credit for attending the programs and must attend a certain number of programs each quarter. Programs are usually held every Tuesday morning in the University Church with a few published exceptions.

Music ensembles
The Department of Music facilitates a number of music ensembles both for music majors and for students from other disciplines who are seeking a well-rounded collegiate experience. These ensembles are featured at a number of major concerts each year and include University Singers (a general choir), I Cantori (a select, touring choir), Symphony Orchestra, Wind Symphony, Steel Band, Brass Ensemble, Big Band, Woodwind Ensemble, Harp Ensemble, and String Quartet.

wallawalla.edu/clubs | (509) 527-2511

wallawalla.edu/chaplain | (509) 517-2010

wallawalla.edu/community | (509) 527-2010

music.wallawalla.edu | (509) 527-2561
Office of Diversity
Following the biblical principle that every person is created in the image of God as a being of inestimable value and worth, the Office of Diversity promotes inclusion and harmony, and prepares students and employees to challenge inequality by teaching and modeling cultural competency throughout our university community. The office sponsors a number of annual events. A number of additional organizations on campus plan events that celebrate diverse cultures and promote issues related to diversity.

Residential Life and Housing
Residential Life and Housing provides housing accommodations and support services to students who reside in WWU residence halls and in WWU-owned off-campus housing. Most students are residential, which fosters a vibrant, active, and tight-knit community on campus. Our residence halls are staffed with teams that promote community development and serve as a resource for residents.

PARENT TIP
Lodging options are available on and off campus for when you come to visit your student. View options at wallawalla.edu/lodging.

Study abroad
The university offers a study abroad program through Adventist Colleges Abroad (ACA) that offers a dozen study abroad locations where students are immersed in the language and culture of another country. Other study abroad programs are also available through the humanities program for academically qualified students, including a program at Oxford University. Students can choose to study abroad for either a part or full academic year or during the summer. We encourage students to begin planning their abroad experience during their first year at WWU.

wallawalla.edu/diversity
(509) 527-2393

wallawalla.edu/housing
(509) 527-2111 (men)
(509) 527-2531 (women)

wallawalla.edu/aca
(509) 527-2811
Money matters

Student Financial Services

The Student Financial Services office is dedicated to helping students and families in the pursuit of their educational goals by providing financial information and employment resources in a professional and individualized manner. We believe a WWU Christian education can be within reach for nearly every student and family with careful financial planning and guidance. From questions about payments, meal plan expenses, and financial clearance to account statements, employment, and student ID cards, we are here to help navigate and answer any questions you may have.

wallawalla.edu/sfs
(509) 527-2815

WWU ID card

The WWU ID card identifies your student as a member of the Walla Walla University community. Not only is the card needed to access meal plans, it is also used to enter residence halls, the fitness center, and athletic events, as well as a number of campus amenities. In myWWU, students can view their account transaction history.

It is the student’s responsibility to care for and secure their WWU ID card. Your student should keep their ID card with them at all times and never share it with others. In the event it is misplaced or lost, the student should immediately contact Academic Records to report it as lost to have it deactivated. This action will stop the card from working all over campus. If the card is found before it is replaced, it can be reactivated. If the WWU ID card is not found, the student must pay the replacement fee to have a new card made.

WWU ID card charges

Students can use their WWU ID card for transactions at a few other campus locations outside the dining areas:

The University Bookstore
WWU students with an electronically validated ID card may charge on their student account up to a maximum of $850 during fall quarter and $425 during winter and spring quarters for textbooks and school supplies. All other purchases (clothing, gifts, etc.) must be made with cash or credit card.

The Express
WWU students with an electronically validated ID card may charge on their student account up to a maximum of $80 per month. Once the maximum has been reached, the charge privilege will be suspended for the remainder of the month and reinstated the following month. (Shell gift cards cannot be charged to student accounts.)

mywwu.wallawalla.edu
(509) 527-2811
Healthy living

When college students begin to establish their independent lifestyles, they have the ability to make many decisions that could affect their health: what kinds of food to buy and eat, whether or not to exercise, if they should go to the doctor or dentist, and more. Walla Walla University has many systems in place to help students make the healthiest decisions possible.

Winter Educational Complex (WEC)

The WEC is home to the Department of Health and Physical Education and our athletics and intramural programs. Amenities include a fitness center with cardio and weight-training equipment, a climbing wall, instructor-led group classes, a 25-yard, five-lane indoor pool, indoor racquetball courts, full-sized basketball and volleyball courts, and an outdoor fitness training area, sand volleyball court, track, and tennis courts. All undergraduate students receive a membership and have access to the facility throughout the academic year using their student ID. With friendly staff and a community-oriented culture, the WEC is open and well used early mornings to late evenings.

Fitness facilities are also available for student residents in the Sittner and Foreman residence halls.

wallawalla.edu/fitness
(509) 527-2325
University Health Clinic

The University Health Clinic provides health services for WWU students on campus. Maintaining good health is extremely important for academic and professional success. The clinic is a partnership between WWU and Providence St. Mary Medical Center and provides access to a registered nurse practitioner as well as insurance billing for students who come to the clinic with their insurance card and driver’s license and/or WWU ID card. Students may walk in to the clinic or schedule an appointment to be seen by a physician or a nurse practitioner by calling (509) 527-2425. This facility is available to students who are currently registered for on-campus courses.

Counseling and Testing Center

The Counseling and Testing Center provides short-term, solution-focused counseling to assist students in coping with obstacles that may prevent them from being successful in their education. The office is staffed by counseling professionals trained and experienced in addressing the needs of university students. Counseling services are free to students. Occasionally, students have concerns that may require specialized services. In these cases, the staff can serve as consultants in the process of referrals to appropriate community professionals. All care provided in the Counseling and Testing Center is confidential and will not be shared with anyone outside the center without the student’s written consent, unless there is clear and imminent danger to the student or another person.

PARENT TIP

Students automatically receive emergency alerts via email and text. Your student can add your phone number to receive alerts at wallawalla.edu/e2campus.

wallawalla.edu/health
(509) 527-2425

wallawalla.edu/counseling
(509) 527-2147
Dining by Sodexo
Our dining facilities, serviced by Sodexo, provide a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility. There are two main dining locations on campus: a main cafeteria and a grill-style eatery in the Student Activity Center. Every student who lives in a residence hall is required to have a meal plan. If your student has special dietary needs, please encourage him or her to contact Sodexo to discuss how campus dining facilities can meet his or her needs.

PARENT TIP
The Havstad Alumni Center makes a great venue for reunions or receptions on campus. Email alumni@wallawalla.edu to learn more.

wwwudining.sodexomyway.com
(509) 527-2732

Campus Security
Campus Security is a dedicated team of officers who patrol the campus 24 hours a day, 365 days a year. These officers are approachable, friendly, and always willing to help. Campus Security registers vehicles for parking on campus, trains and prepares the campus for emergencies, notifies the campus of emergencies via mobile and emails alerts, provides car battery jump-start services, and maintains a lost and found. It also offers safety escort services to students who may not feel comfortable walking on campus at night. These services can be requested by calling the dispatch office at (509) 527-2222 or simply dialing ext. 2222 from a university phone.

In compliance with the Federal Campus Security Act, Walla Walla University prepares and distributes an annual report which sets forth its policies on crime prevention issues and gives statistics on the number of specific crimes and arrests that have occurred on campus or in surrounding areas. A copy of this annual report is available on the Campus Security website.

All students must register their vehicles with Campus Security. When they register they receive a sticker permit to place in their windshield, which allows students to park in designated lots on campus and avoid parking fees. Visitors to campus can obtain day parking permits from Campus Security.

wallawalla.edu/security
(509) 527-2222
**Title IX**

Walla Walla University strives to provide a safe environment in which students can pursue their education free from the detrimental effects of sexual misconduct, which includes sexual harassment and sexual assault, in accordance with Title IX of the Education Amendments of 1972. Therefore, the university seeks to educate students, faculty, and staff about these issues, maintains policies prohibiting such conduct, and provides a means of recourse for those students who believe they have experienced such behavior. The university reserves the right to respond with whatever measures it deems appropriate to prevent sexual misconduct and preserve the safety and well-being of its students. Students can file a report online at wallawalla.edu/title-ix or by calling (509) 527-2141 or (509) 527-2222 after hours.

**Behavioral Intervention Team**

The Behavioral Intervention Team evaluates and addresses student behavior that may be inappropriate or concerning and coordinates the resources of the university and surrounding community to intervene and provide reasonable supports. A multidisciplinary team of faculty, staff, and administrators, the BIT serves as the centralized, coordinated body for discussion and action regarding students exhibiting suicidal, self-injurious, and other behaviors that might pose a threat to student and/or others in the university community. The goal of the BIT is to aid in developing support plans to encourage student health, well-being, and academic success by an active process of threat assessment and behavioral intervention.
Healthy decision-making

At Walla Walla University, we observe that students who regularly practice healthy habits—such as eating fruits and vegetables, getting enough restful sleep, and getting recommended levels of exercise—are in a better position to succeed academically and have fewer issues handling relationship challenges. While each of us inherently knows these healthy behaviors are good for us, they can be the first thing to go when we are struggling or stressed. Encouraging your student to establish a regular pattern of these healthy behaviors from the beginning will significantly benefit them in the long run.

As part of our concern for student health and safety, the university prohibits all students from possessing or consuming alcohol and/or drugs on and off campus. If issues arise with student alcohol and drug use, the university conducts an investigative and disciplinary process according to our Drug and Alcohol Policy, which is outlined in the Student Handbook and Code of Conduct, and seeks to help the student through counseling and testing resources. Additionally, we discuss whether our lifestyle requirements make Walla Walla University a good fit for the student. Repeated violations may result in suspension or expulsion. In your role as a parent, consider college an opportunity to have a conversation about healthy decision-making, including drinking and drug use. You are a critical element in encouraging our students to avoid engaging in risky behaviors.

wallawalla.edu/handbook
(509) 527-2542
What to expect throughout the school year

Your student’s journey into the college experience will be filled with many transitions: from high school to college, from home to residence halls, from family to friends. While this journey is often a very personal one, we typically see trends in which challenges students face at certain times of the year.

We have laid out a month-by-month calendar of what to expect as an aid for you. As always, don’t hesitate to contact us; we are here to address any of your questions or concerns.

September

- **Excitement about newly found freedom and surroundings.**
- **Adjusting to a new roommate.**

Students are learning to make choices, particularly choices related to managing their time and health. Parents can use this time to talk with their student about the routines they’re establishing with their studies, their social engagement, and their health.

If roommate challenges arise, encourage your student to talk to their resident assistant. RAs are student leaders with training in conflict mediation, communication skills, and more. In this early part of the year, some level of adjustment is expected as students learn to live in close quarters with others. If working with the RA is not as successful as you had hoped, encourage your student to contact that RA’s supervisor, a residence dean who is a professional staff member that can often assist in ways beyond those of the RA.

**PARENT TIP**

Check the university calendar online for term start and end dates before making holiday travel plans.
October

- Homesickness has a tendency to seep in around this time of year. Encourage students to get involved and meet new people, but remind them that college will bring new challenges and workloads, so they should not take on too much too quickly. Balancing all of their responsibilities will be vitally important.

- Your student’s first scores might not come back as high as they would have expected. This is not unusual when transitioning from high school to college. Remind your student there is plenty of time left in the quarter; first quizzes and papers are a chance to figure out what information is important for the course. Encourage your student to speak with the professor to learn ways to help improve their grade.

- The Free Application for Federal Student Aid (FAFSA) is available Oct. 1. Your student’s WWU-funded scholarships and grants will be renewed if they meet the appropriate qualifications; however, if you would like your student to be considered for federal and state aid, please submit the FAFSA by our priority deadline of Feb. 1.

November

- Midterm grades available.
- Campus illness on the rise (colds, flu, etc.)

Encourage students who have questions about their grades to talk to their professors in person during the professor’s office hours. University faculty are eager to talk with students who are interested in their own academic success.

Winter months bring cold and flu season, especially in the residence halls. This, coupled with increased stress at the end of the quarter, can quickly lead to illness. Encourage your student to make healthy decisions, such as getting enough sleep and eating a balanced diet. The University Health Clinic and Counseling and Testing Center are available to help students who have illness or other personal challenges.

PARENT TIP

You’ll receive a parent e-newsletter three times a year—November, February, and May—to learn about what’s happening on campus.
December

- Anxiety over finals.
- First quarter grades.

When stress and anxiety over finals are high, students may become distressed and emotional. Healthy decision-making will go a long way in students feeling mentally and physically prepared for finals.

For some students, grades will be another mark of their success in transitioning to college. For others, grades may be frustrating and disheartening. Remind your student that the first quarter is a time of learning and adjustment and encourage them to seek assistance and advice.

January

- Some back-to-school relief.
- Winter blues.

Do not be offended when your student is excited to leave home and return to college! Remember when you had your first independent living experience? Your student still loves you but appreciates the opportunity to practice being an adult.

Being situated in the Pacific Northwest offers many outdoor options for students not only in spring and fall, but in the winter months as well. Even when the daylight hours are shorter in the winter and the temperatures drop, there are many things to do outside. Encourage your student to get outside and enjoy the winter activities planned by CABL, ASWWU, and other campus clubs to help combat winter blues.
February

- Feb. 1 priority funding deadline for FAFSA filing.
- Feeling of winter blues, depression.
- Considering a change of majors.

The skies getting dark early in the evening can often make everyone a little blue. Encourage your student to participate in activities around campus and in the local community, such as campus clubs, intramurals, Campus Ministries, or ASWWU. If the winter blues seem to be persisting, encourage your student to reach out to campus resources such as Counseling and Testing Services.

WWU strongly believes that the core classes all students are required to take expose them to many different academic areas. For some students, this may result in a change of major. Encourage your student to speak with his or her academic advisor and to faculty regarding changing majors and exploring what type of careers a new prospective major might offer. Visiting the Academic Advisement office and the Student Development Center can also be helpful.

March/April

- Spring fever.
- Making summer plans.

The media sends students many messages of wild and crazy spring breaks in exotic locations. While some students may see this as their perfect vacation, others may want something more meaningful, such as an extended service opportunity. Others just need to come home and rest. Regardless of what your student decides to do during break, encourage safe decisions.

If your student hasn’t already made summer plans, they’re probably worrying about what they’re going to do during the summer, whether it’s completing an internship or volunteering or working. Encourage your student to talk with the Student Development Center about summer internship opportunities that will help them meet their professional goals. If they want to stay in Walla Walla over the summer, they may also find information about local employers at wallawalla.edu/jobscene.
May

- Anxiety over final projects and grades.
- Spring housing sign-up.

When stress and anxiety over finals are high, students may become distressed and emotional. Healthy decision-making will go a long way in students feeling mentally and physically prepared for final projects and exams.

Residential Life and Housing will host the spring housing sign-ups for returning lower-division students during the month of May. This process will be in stages related to distinct types of communities and will be conducted online. Your student will receive detailed instructions and information pertaining to this process.

We will use email to notify all residents of the details for preparing to pack up and go home for the summer. We will also remind students that WWU offers limited storage at a fee for personal items during the summer.

June

- Sadness at leaving friends for the summer.
- Concerns about moving back home.

Students are often sad to leave friends they have made, even if only for a few months. In some cases, friends may not be returning to Walla Walla or students may not be living with the same people they did during their freshman year. These emotions are normal. Encourage your student to keep in touch with friends. Consider inviting some of his or her friends to visit your family at some point during the summer.

PARENT TIP

Begin making plans to join your student for Family Weekend 2019, Oct. 25–27.
10 tips for parents

Stay connected.
You may be tempted to call often. Consider texting or sending an email to your student. When you visit, consult your student first.

Give them their space.
Your student is going to be very busy with their new role, so keep conversations quick and light-hearted. Allow your student to set the pace.

Resign as manager.
Be a helpful consultant for your student, and encourage them to seek out campus resources. It is best if your student tries to handle situations on his or her own.

Accept your student.
Remember that the university experience is a period of exploration and search for identity.

Give your student the opportunity to express new viewpoints and opinions.
Remain open and nonjudgmental when your student shares new experiences with you.
Keep a positive perspective.
Be realistic about finances, academic achievement, and the choices your student is making. Life may not always conform to the accustomed road map. Ask questions rather than jump to conclusions.

Talk to your student about overall wellness.
Encourage your student to get enough sleep, eat healthful meals, exercise, spend time with God, and spend quality time recharging.

Be knowledgeable about WWU.
Knowing what resources are available can be reassuring for you and your student. The student’s academic advisor or mentor is a good place to start.

Be a fabulous listener.
Listen, listen, listen. Your student is asking to be heard, not fixed.

Pray, and trust God.
Let God be the manager. It will benefit you, the university, and your student.
Walla Walla fun facts

- Our name comes from the Native American term that means “many waters.”

- The city is home to the longest continually running symphony west of the Mississippi.

- Once the largest city in Washington, the state charter was signed here and the city was a contender to be the state capital.

- The Walla Walla Sweet Onion is the official Washington state vegetable, and each July Walla Walla hosts a Sweet Onion Festival.

- Various organizations and publications have listed our town among the 10 Best Small Towns in America and 14 Best Cities for a First Date. It’s also been named the Best Small Town for Food and Friendliest Small Town in America.

- Walla Walla is home to Pioneer Park, designed by the planner of New York City’s Central Park. The park has some of the oldest trees in the state, and numerous festivals and events are hosted in the park year-round.

- 20 city parks in Walla Walla.

- 60,000 residents in the Walla Walla Valley.

- WALLA WALLA IS:
  - 6 miles north of the Oregon border.
  - 240 miles from Portland, Oregon.
  - 270 miles from Seattle, Washington.
Outdoor gateway

- The region enjoys four distinct seasons with an average of 188 days of sunshine each year.
- Within an easy drive of the city there are a dozen golf courses, a ski resort, the Columbia River Gorge, Hells Canyon, Palouse Falls, and Wallowa Lake.
- Pick your own apples, peaches, cherries, and more at our local orchards.
**Walla Walla lingo**

**ASWWU:** Associated Students of Walla Walla University, WWU’s student-led governing body.

**Berean:** A student-led Sabbath morning worship service in the style of traditional black churches.

**CABL:** Collegiate Advocates for Better Living, a student organization run out of the Chaplain’s Office that promotes balance and health. They take a number of trips each year and put on an annual fall Applefest.

**Circle Church:** Led by students, it is a contemporary worship service in the University Church Fellowship Hall on Sabbath mornings.

**Core themes:** Refers to four guiding principles in our mission: “a community of faith and discovery committed to excellence in thought, generosity in service, beauty in expression, and faith in God.”

**CommUnity:** Our weekly campus-wide assembly, usually held Tuesdays in the University Church. Undergraduate students are required to attend a certain number of CommUnity programs.

**Dead Week:** Officially known as “Review Week,” this is the week before finals when students are doing last-minute preparations for finals and end-of-term projects.

**DX:** Also known as The Dairy Express, or The Express (its official name), it is the Shell gas station and a grill on campus with burgers, smoothies, and other food.

**D2L:** Website used by faculty to list assignments and deadlines, post syllabi and grades, and inform students of upcoming events. Depending on the class, students may also submit assignments and join class discussions on D2L.

**FAC:** The Melvin K. West Fine Arts Center, home to the art and music departments with a performing arts center, art studios, and practice rooms.

**Fishbowl:** A group and individual study area in Kretschmar Hall frequented by engineering and science students at all hours of the day.

**Mask:** An online directory of students, faculty, and staff at WWU, which can be viewed at [aswwu.com](http://aswwu.com).
**myWWU:** The online dashboard for all student-related online applications.

**Prayer House:** A house on campus open for extended hours during the day for students to worship, study, and reflect individually or in groups.

**RA:** Resident assistant, a student who works for the Department of Residential Life and Housing who has had special training and lives on the residence hall floor to assist students with anything they may need, while also planning events and educational activities for the floor.

**RD:** Residence dean, a full-time professional staff member of the Department of Residential Life and Housing who oversees a group of residence hall and resident assistant staff. RDs have extensive experience, education, and training in working with students in university settings.

**Sabbath:** Another name for Saturday, recognized as a day of worship from sundown Friday till sundown Saturday.

**SAC:** The Student Activity Center open into the evening for students to play games and socialize together.

**Service Day:** A day during fall and spring quarters when classes are canceled and the Chaplain’s Office organizes service projects around the community that students can sign up for. Clubs or classes often go as groups.

**The Collegian:** WWU’s weekly student newspaper, which can be read at [aswwu.com](http://aswwu.com).

**Wally:** The Walla Walla University wolf mascot.

**WEC:** The Winter Educational Complex, home to our varsity athletics teams, intramural program, and fitness center, as well as the School of Social Work and Sociology, the School of Nursing, and the Department of Health and Physical Education.

**Welcome Back Bash:** Our first event of the school year, which takes place on the Sunday before classes start when clubs and organizations set up booths and invite students to join them.

**Yogi:** A popular veggie burger available at The Express.
Contact information

We are here for you to answer any questions you may have as your student adjusts to being in college. Please feel free to call or email us anytime. Key phone numbers are included on this page, and these individuals can be emailed using our campus email address format: firstname.lastname@wallawalla.edu (e.g. john.mcvay@wallawalla.edu).

**Academic Administration**
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(509) 527-2431

Scott Ligman, associate vice president
(509) 527-2395

**Academic Advisement**
Herlinda Ruvalcaba, director
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**Academic Records**
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**Chaplain’s Office**
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**Counseling and Testing Center**
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**Disability Support Services**
Sue Huett, coordinator
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**Freshman Success/Mentor Program**
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**Parent Relations**
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**President’s Office**
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**Residential Life and Housing**
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**Student Development Center**
David Lindstrom, director
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**Student Financial Services**
Cassie Ragenovich, director
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**Student Life**
Doug Tilstra, vice president
(509) 527-2511

For a full directory of individuals and departments, visit wallawalla.edu/directory.
Engage with your student.

Our close-knit campus is deliberately designed so that your student will find lifelong friendships with their peers and, most importantly, with Jesus Christ. Faculty, staff, and administrators here at WWU are devoted to fulfilling this mission in each student, and we’re thankful for your partnership along the way.

Family Weekend
You and your family are invited to join Walla Walla University president John McVay and WWU faculty, staff, and students for two fall events:

**Family Weekend**
**College Place Campus | Oct. 26–28, 2018**
Events include a Student Missions vespers, complimentary ice cream at Bright’s, a talent program, a 5k run, and more.

**Parent Sabbath and Nurses’ Dedication**
**Portland Campus | Nov. 10, 2018**
Events include a special church service, Sabbath lunch, and nurses’ dedication.

 Surprise your student
Surprise your student with cupcakes for a birthday or special occasion, a personalized gift box, or a gift card just for fun. Any occasion will do! Gift boxes are personalized with your choice of messaging: Happy Birthday, Get Well, Missing You, or Thinking of You.

The online order form lists a sample of items included in each gift. Cupcakes are delivered fresh from Frosted, a cupcake company in Walla Walla. Note: 48 hours notice is required for cupcake delivery. Advance notice on all other deliveries is always welcome.

We process and deliver gifts during office hours only: Monday–Thursday, 8 a.m.–5 p.m.; Friday, 8 a.m.–12 p.m.

Order online at wallawalla.edu/surprise or call toll-free (800) 377-2586.