AEDP Basics: How Experience Begets Transformation and Transformation Begets Experiences

AEDP--Accelerated Experiential Dynamic Psychotherapy a therapy model that seeks to clinically make neuroplasticity happen. Championing our innate healing capacities, AEDP has roots in and resonances with many disciplines — among them interpersonal neurobiology, attachment theory, emotion theory and affective neuroscience, body-focused approaches, and last but not least, transformational studies.

Through undoing of aloneness, and through the in-depth processing of difficult emotional and relational experiences, as well as new transformational experiences, the AEDP clinician fosters the emergence of new and healing experiences for the client, and with them resources, resilience and a renewed zest for life.

Presented by:  
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Walla Walla University –2520 5th Ave S., Billings  
April 7th, 9:00 am – 1:00 pm (check in starts at 8:30 am)  
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RSVP deadline: April 5, 2020  
CUE’s: 3.5  
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