

DRUGS	DEPENDENCE	POSSIBLE SHORT-TERM EFFECTS	POSSIBLE LONG-TERM EFFECTS	EFFECTS OF DEPENDENCE
Narcotics Opium, Morphine, Codeine, Heroin, Hydromorphone, Meperidine (Pethidine), Methadone, other narcotics	High	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea, watery eyes, itching	Lowered resistance to infection, malnutrition, babies born physically dependent if mother are using during pregnancy, birth defects	Slow and shallow breathing, clammy skin, convulsions, coma, possible death
Depressants Chloral Hydrate, Barbiturates, Benzodiazepines, Methaqualone, Glutimide, other depressants	Moderate - High	Slurred speech, disorientation, drunken behavior, without odor of alcohol	Weight loss, liver function impairment, reduction of white blood cells	Mood swings, shallow respiration, clammy skin, dilated pupils, weak pulse, coma, possible death
Stimulants Cocaine, Amphetamines, Phenmetrazine, Methyphenidate, other stimulants	High	Increased alertness, excitation, euphoria, increased pulse rate, blood pressure and temperature, insomnia, loss of appetite, dilated pupils, sweating, headache	Weight loss, heart failure, respiratory failure, aggressions, hostility, severe anxiety, psychosis, paranoia, vitamin deficiencies, chronic insomnia	Agitation, increase in body temperature, hallucinations, convulsions, possible death, heart failure, paranoia
Hallucinogens LSD, Mescaline and Peyote, Amphetamine variants, Phencyclidine, Phencyclidine analogs, other hallucinogens	Unknown High	Illusions and hallucinations, poor perception of time and distance, tremors, dilated pupils, insomnia, loss of appetite, impaired coordination violent speech	Impaired memory, mental confusion, convulsions, heart and lung failure, ruptured blood vessels in the brain, flashbacks	Longer, more intense "trip" episodes, psychosis, possible death, depression, paranoia, convulsions, coma
Cannabis Marijuana, Tetrahydrocannabinol, Hashish, Hashish Oil	Moderate	Increased heart rate, blood-shot eyes, dry mouth & throat, euphoria, relaxed inhibitions, increased appetite, disoriented behavior	Birth defect in babies conceived by men who use, memory loss, mental confusion	Fatigue paranoia, possible psychosis, memory loss, amotivation
Alcohol Wine, beer, wine coolers, liquor	Moderate - High	Impaired judgement, impaired coordination, slow reactions, slurred speech, memory loss, relaxed inhibitions	Liver, heart, pancreas disease, gastrointestinal irritations, sexual dysfunction, lowered resistance to disease, irreversible brain & nervous system damage	Unconsciousness convulsions, decreased respiration & heart rate leading to possible death
Tobacco Cigarettes, smokeless, cigars, pipe	High	Restricted blood vessels, stimulated nervous system, impaired breathing	Chronic bronchitis, emphysema, coronary heart disease, stomach ulcers, lung cancer	Rapid heart rate, asthmatic attacks